

A.C.T. CURRICULUM: Coaching Labs

		hrs /mo	class #	LAB	COMMENT or Prerequisite
R	Lab	2-4	LAB-9000	Associates Coaching Lab	ACT Associates Only (see below); two 2-hour Labs offered monthly
S	Lab	3	LAB-3190	Listening & Language Lab	3 months: one hour monthly. Coaching practice with the Listening & Language Skills
S	Lab	3	LAB-3290	MindSets Lab	3 hours monthly. Coaching practice with the MindSet model.
S	Lab	3	LAB-5921	Case Studies: Barbara & Sheila	Strategizing Lab – Practice coaching using the S-8 technique. Each lab revolves around 2 different case studies designed to illuminate each of the S's from a unique combination of client challenges. PreReq ADD-5020
S	Lab	3	LAB-5922	Case Studies: Ginger & Robert	
S	Lab	3	LAB-5923	Case Studies: Bill & Bennett	

Group Mentor Coaching

S	Lab	14	GCL-6000	ADD MasterCoach Mentor Group (JumpStart & MasterCoach programs) 3–90 minute classes/mo, 3 mo minimum	(NOTE: All Mentor Coaching Groups fulfill the ICF certification Mentor Coaching requirement to the allowable 70%)
S	Lab	9	GCL-6100	Skills & Drills 3 months; three 1-hour sessions each month	The place to workshop a rotating combination of ADD Coaching Skills & proprietary technique: distinction, demonstration, practice & feedback
S	Lab	9	GCL-6200	Challenges Lab 3 months; three 1-hour sessions each month	Introduction & practice coaching a changing combination of ADD issues, detailed on The Challenges Inventory™ Madelyn Griifith–Haynie, MCC, developed this instrument & facilitates this Lab. Participation entitles you to royaty-free use of the program in any one-on-one setting.
S	Lab	3	LAB-7900	Modalities Lab 3 months; 1 hour monthly; occassional intensives	Modalities-based Coaching practice, designed to provide a practicum for the classes in the Modalities Series.

Coaching Labs: 30 hours required for A.C.T. graduation

16 Core Lab Hours required for Graduation			During the Core Modules you attend Lab every month:
10 hrs 2 hrs/mo	Associate Lab ONLY	ADD CORE Labs	Associate Lab (2-hr lab) is required for EACH of the FIVE ADD Core Modules; ANY lab (1 or 2 hrs, including Mentor Groups) will fulfill the requirement for each of the SIX Coaching Core Modules
6 hrs 1 lab/month	ANY Lab, monthly	Coaching CORE Labs	
14 hrs	Any Lab, within 3 years of enrollment	14 Elective Lab Hours <i>Except for 16 required CORE Lab hour, Labs may be taken for credit any time up to three years after enrollment (concurrent with CORE, before or after)</i>	
30 TOTAL Lab Hours required for Graduation			Associate Labs PLUS Supplemental Labs of any type

10 hours Associate Lab required for graduation: 1 two-hour Associate Lab *specifically* during each month of ADD Core Modules. You may fulfill your entire Lab requirement with Associate Lab, or pick and choose from the others as long as you have **16** Associate Lab hours - 8 Labs - before you graduate. **A.C.T. tuition covers 30 hours of Lab fees for three years from the date of your enrollment, with unlimited Associate Labs subsequently.**

Minimum Graduation Requirements: 136 Curriculum Hours (including at least 110 Live Contact Hours) -- 48 hrs CORE Curriculum, 58 hrs Supplementals & at least 30 hrs Coaching Lab